



## This is a reminder to schedule your preventive dental visit.

*A dental visit is an important part of taking good care of yourself.*

Americans who visit the dentist at least once a year are **37% more likely** to report their oral health is good or better, and **22% more likely** to report their physical and emotional health as good or better compared to those who go less frequently.\*

**Protect Your Smile...**

***Make a Check-Up Appointment Today!***

To find a Delta Dental Premier or PPO Dentist, visit [www.nedelta.com/LocalDentistSearch](http://www.nedelta.com/LocalDentistSearch)



Northeast Delta Dental

